

FUEL YOUR ENDURANCE WITH THE

5 PROMISES

PROMISE 1

I Will Live and Work a Passionate Life

What do you find most difficult to endure (mentally, physically, etc.) in pursuing your passionate vision?

PROMISE 2

I Will Go for It or Reject It Outright

What meaningful sounds and sights lift your spirits and strengthen your endurance? Write them down, then revisit this collection daily.

Do you associate with anyone who belittles you, depresses you, or otherwise zaps your energy? If so, how will you detach from this person?

PROMISE 3

I Will Take One Action Step a Day Toward My Passionate Vision

What three action steps will you take to strengthen the area of endurance identified in Promise 1?

PROMISE 4

I Commit to Being a Success Student for Life

Name a woman who exemplifies endurance for you. How will you model her success to fuel your endurance?

PROMISE 5

I Believe as a Woman I Really Can Do Anything

What challenges have you met that required endurance? How will you use those successes to strengthen your endurance in the future?

»» DOWNLOAD THE 5 PROMISES FOR ENDURANCE AT **WickedSuccess.com**.