



INSIDE EVERY WOMAN
Using the 10 Strengths You Didn't
Know You Had to Get the Career
and Life You Want Now

10 Feminine Forces for a Life Without Limits

“Women have 10 inherent strengths that enable them to accomplish anything,” asserts Vickie L. Milazzo, RN, MSN, JD, a successful entrepreneur and *Wall Street Journal* bestselling author of *Inside Every Woman: Using the 10 Strengths You Didn't Know You Had to Get the Career and Life You Want Now*. With this book, any woman can unleash those 10 Feminine Forces to attain anything she wants. Milazzo shares her secrets for harnessing the following forces and demonstrates how they have shaped her life. Any woman can propel her life toward audacious success with:

Feminine Force #1: Fire

Women are born passionate. We love hard, cry hard, and when we care about something passionately, we can change the world. One common denominator among successful women: They're on fire. Without the fire that only passion arouses, success eludes us. To claim the success you deserve, you must live the passions that ignite your inner fire. Discover your burning passions and act on what moves you.

Feminine Force #2: Intuitive Vision

Intuitive vision is about connecting with your imagination, paying attention, perhaps experimenting a little, and seeing where that takes you. Women are more in touch with instinctive inner guidance – does it make sense to have such an extraordinary tool and not use it? Take steps for eliminating mental and physical clutter, learning to trust your feelings, staying connected with the vision and sharpening your intuitive focus.

Feminine Force #3: Engagement

When we are tenaciously faithful to the commitments we engage, anything is possible. But not just any commitment will do. Women who engage in pursuing a passionate vision reach the highest levels of success. Eliminate or delegate anything that takes you off focus. This will free up your time and energy to engage bold commitments and successfully advance your life and career.

Feminine Force #4: Agility

Women are flexible and adaptable. Gather any group of women and you'll find that most of them are juggling a dozen different projects. Being agile, a woman can

-change directions quickly, take advantage of opportunities, try new alternatives and be perfectly okay with making mistakes. She accepts challenge and embraces conflict when necessary. A passionate, agile woman never says: “I can’t” when it comes to achieving her goals.

Feminine Force #5: Genius

Women use their holistic intelligence to accumulate knowledge and synthesize that material. In the “total immersion” process of learning, women take it in all at once, through our eyes, ears and intuitive senses. Intelligent women never stop learning, consulting mentors, leveraging the talents of others, listening to opposing viewpoints or reading daily. Genius is not fixed but elastic.

Feminine Force #6: Integrity

The most trusted profession – nursing – is 94% women. The least trusted – used car sales – is only 2% women. Integrity-based decisions are not always easy, but integrity has the final say in whether we will rise or decline, be whole or be broken. When uncompromising integrity is our guide, success is authentic.

Feminine Force #7: Endurance

Many women who fail in reaching their goals simply turn back too soon, yet women consistently prove they have an amazing ability to endure. Fuel your endurance to conquer big things by actively planning small incremental payoffs to enjoy along the way. Unforeseen obstacles will crop up – a difficult assignment, a fierce new competitor. Assess your progress to see if adjustments should be made, but don’t give up on your passionate vision and life goals. The ultimate reward goes to those who endure even when the big reward is far away in the distance. Focus on one big thing and endure to make it happen.

Feminine Force #8: Enterprise

Not every enterprising woman wants to own a business, yet in many ways you already do. In life you’re in charge of growth, finance, research and development, transportation, commissary, public relations, entertainment, maintenance and janitorial detail. If you’re running a household while pursuing a career, you’re responsible for all that and more. You’re already a CEO, so why not act like one? Constantly assess where you are in your strategic life plan, what you have accomplished and which action step you’ll take next. Your plan is a practical document, not a theoretical one. It’s a living organism: use it, update it, live big. Become the CEO of your career and life.

Feminine Force #9: Renewal

To have healthy, exciting and fulfilling relationships with others, we must first have a healthy, exciting and fulfilling relationship with ourselves. Physical energy is essential not only for a healthy life but for any success. It requires exercise, nutrition, sleep and a health maintenance plan. You must also replenish your emotional energy. Take a day off from chaos now and start fresh from there. Nurture and renew your spirit by taking mental breaks, challenging your senses, creating something new and changing your mindset. Reclaim your life energy through frequent renewal.

Feminine Force #10: Female FusionSM

Spend a day with powerful, creative, successful women and you will come away spinning with energy and ideas. That's Female FusionSM. Set aside 2-4 hours, follow *Inside Every Woman* as a guide and openly share with one another. Fusion occurs when you merge diverse, distinct or separate elements into a unified whole. When women come together and share their experiences, passions, visions, fears and promises, an amazing bond occurs. From that bond emerge sparks of brilliance and insight that none of these women alone or in any other combination could have inspired. Fuse with incredible women to attain the impossible. Female FusionSM is the most powerful Feminine Force of all.